Latham’s Tools for Positive Behavior Change

**Staying Close**
You create a safe, positive environment and establish yourself as a source of caring, empathy, and positive consequences.

**Giving Positive Consequences**
You focus primarily on building up appropriate behaviors with positive consequences.

**Ignoring Junk Behavior**
You carefully ignore any age typical behavior that may be annoying, but is not harmful to any person or property.

**Ignoring the Junk Behavior of One Person and Giving Positive Consequences for the Appropriate Behavior of Another Person**
You carefully ignore junk behavior of one person while giving positive consequences for the appropriate behavior of another person.

**Stop-Redirect-Give Positive Consequences**
You stop a person’s inappropriate behavior, redirect them to a different, logically related behavior, and show you like it by giving positive consequences when the person does it.

**Setting Expectations**
You let the person know what behavior is expected and what the consequences will be for meeting or not meeting the expectations.

**Using a Contract**
You make a written agreement with the person that identifies positive expectations and consequences.

**Time-Out**
You interrupt a person’s out of control behavior to minimize consequences and allow you to attend to appropriate behaviors after the person has maintained a brief period of calm.

**ABCs of Assessing Behavior**
You look at what happens before and right after the person’s behavior to figure out why the behavior is happening and what you can do to change it.

**Consulting Skills of Staff**
Counselors develop strategies to assist families, staff, and teachers in their homes or schools to practice positive parenting skills with regards to specific behavior problems.